



MARKUSGREBER
P H O T O G R A P H Y

E-BIKE CAMP

The E-powered category unlocked infinite possibilities, but everything comes with a price, and the one e-bikers have to pay is the added weight. It requires adjustments to your techniques and a different approach.



PROGRAM

On the school grounds, we'll start off with a short briefing and bike check, before practicing all the skills, from simple basics to the advanced.

When all the techniques are covered on flat ground, we'll pedal up to the trail and start off with technical climbing drills. Reaching the top then on the way down, we'll stop on all the spots with suited obstacles for our drills.

The coach will explain every routine in detail and demonstrate each technique. One by one, every individual has an attempt, following feed back and suggestions for improvement.

The goal of this camp is to teach skills to ride safe, smooth and light.

DETAILS

TYPE OF BIKES: 130mm full-suspension E-Bikes recommended

LEVEL REQUIRED: All riders

DURATION: 2 days

1 PRICE: €200. - p/pers
MTB Coach for 2 Days + Bike pass or 2 uplift per day

2 PRICE: €350. - p/pers
MTB Coach for 2 Days + Bike pass or 2 uplift per day + 2 nights in 3 stars hotel or similar with breakfast.

SCHOOL GROUND

- Bike Check
 - Positions
 - Reading the trail
 - Managing the extra weight
 - Breathing, Body Tension, & Momentum
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ON TRACK

- Climbing
 - Basic Positions
 - Braking
 - Turning
 - Trail section & keeping Momentum: Flow
 - Riding down Steps (Max 50 cm)
 - Manuals
 - Bunny Hops & Drops
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